

**FEDERAZIONE ITALIANA JUDO LOTTA KARATE ARTI MARZIALI**  
**C.R.T. RESPONSABILE SOUND-KARATE**

**● Attacco**   **● Difesa**   **● Tecnica espansa**   **○ Zanshin**

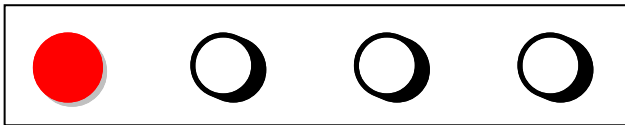
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1/4

Valore  
1/4

Valore  
1/4

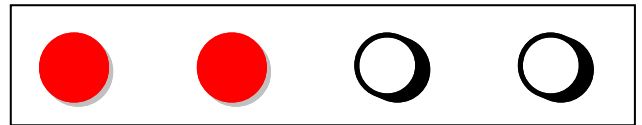
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1/4

1



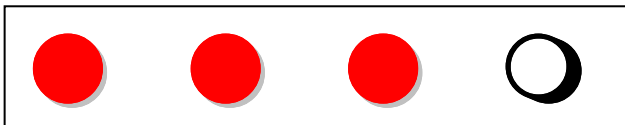
Attacco

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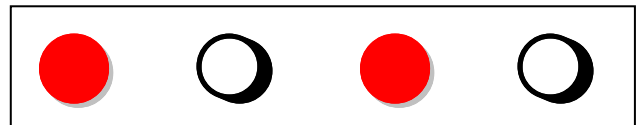
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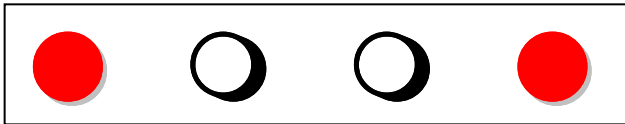
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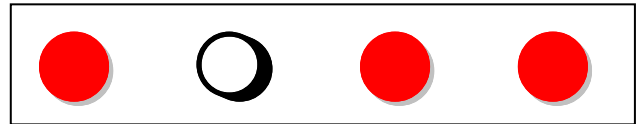
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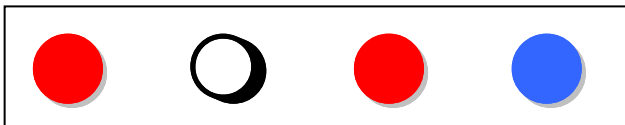
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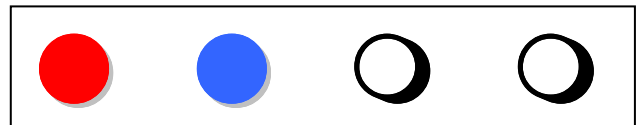
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Attacco Attacco Difesa

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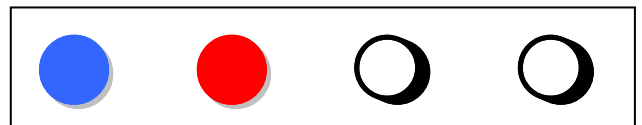
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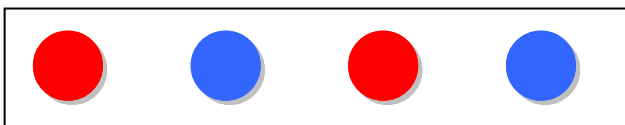
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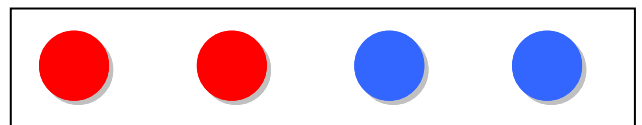
Difesa Attacco

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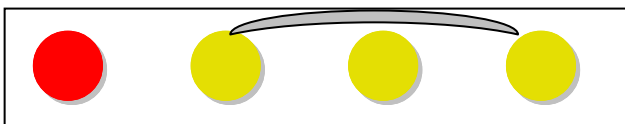
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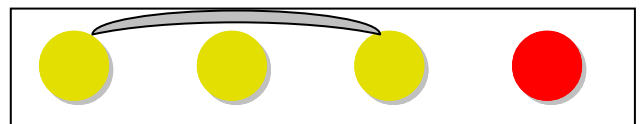
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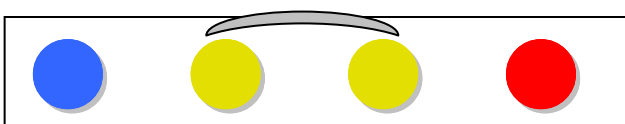
Attacco Tecnica Espansa

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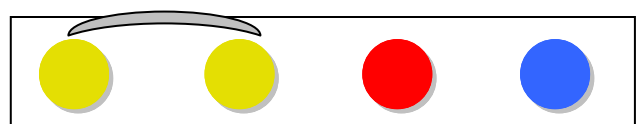
Tecnica Espansa Attacco

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Difesa Tecnica Espansa Attacco

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Tecnica Espansa Attacco Difesa